

GEARLIST SPORTCLIMBING

- climbing pants or shorts
- T-Shirt, Longsleeve
- fleece jacket
- Warm jacket (down, primaloft)
- approach shoes
- rain jacket / hardshell
- Beanie and gloves for colder days

- Backpack 30-45 l
- climbing shoes
- climbing rope 60-70m
- harness
- helmet
- belay device (grigri, tube, ...)
- 2-3 carabiner
- 15 quick draws
- Chalkbag & Chalk
- Tape

- Water bottle
- Pocket money
- Phone
- sun protection
- sun glasses
- head lamp
- first aid
- Snacks and lunch (chocolate, power bars, nuts, fruits, ...)

* We can provide the climbing equipment and organize climbing shoes to rent. please let us know if you need it!