

## GEARLIST SKITOURING

- Ski touring Pants
- 2 Longsleeve or T-Shirts (to change)
- Hard Shell Jacket and if you need Hard Shell Pants
- Soft Shell Jacket, Fleece Jacket
- Insulated Jacket
- Beanie and Buff
- 2 Pair of Gloves
- Base layer
- Ski Touring Socks
  
- Sun glasses
- Helmet and goggles
- Thermos Bottle or Water bottle
- Head lamp with new batteries
- Leatherman-Tool
- First aid
- Sun protection
- bivouac sack
- Mobile phone
  
- backpack 25 to 35 liters
- Ski touring Poles
- Ski touring Boots
- Ski touring skis with touring bindings and ski crampons
- Climbing Skins
- Transceiver, Shovel (only metal, no plastic shovel) and Probe\*
- Snacks for lunch on tour (chocolate, power bars, nuts, fruits, ...)

\* We can provide the avalanche safety equipment, please let us know, if you need it!

